

Current Staff		Patty Swearingin				
Course	Physical Education Curriculum					
Unit/ Length	Unit Objectives/ Big Ideas	Basic Outline/ Structure	Materials/ Text	Content Vocabulary	Next Gen/CCSS	Assessments & Activities
August	Physical Education Rules & Expectations, and Team Building Activities.	Explain class procedures. Follow directions. Work cooperatively with others.	Handout Rules & Procedures. Write personal information to share with others. For example, What do you hope to achieve this school year?	Squad, Procedure, Expectations, Goals and Responsibility.	State Goals 21.A3a , 21.A.3b 21.B3	Observation of performance
Sept	Soccer	Develop sport skills. Game strategy and history.	Equipment: Soccer Goals, & Soccer balls.	Heading, Trapping, Dribbling, Throw In, Offense & Defense, Goalie, Midfielder, Forward, Wing, Backs, Center.	State Goals 21.A.3a ,21.B3	Observation of Performance
Sept - Oct	Personal Fitness	Explain specific exercises for developing a variety of muscles.	President's Physical Fitness Tests	Endurance, Strength, Flexibility, Agility, Quadriceps, Hamstrings, Triceps, Biceps, Pectoral muscle, Oblique muscle.	State Goals 22.A3a & 22.A3b	Discussion & Observation of Performance
October	Recreational Games	Games: Mat Ball, Line Ball, VBB, Toss the Chicken, Scooter Handball	Nerf Ball, Volleyball, Chickens & Scooters	Toss, Catching, Shooting, Baserunning, Fielding, Teamwork, Eye & Hand Coordination	State Goals 21.A.3a 21.A3b 21.B.3	Observation of Performance
Nov - Dec	Volleyball & Slo Mo Volleyball	Explain Specific Sports Skills. Game Strategy & History.	Volleyballs, Net, Standards	Serve, Bump, Set, Spike, Block, Rotation, Overlapping, Substitution, Teamwork, Free Ball, Dig, Dive.	State Goals 21.A.3b 21.B.3	Venn Diagram, Observation of Performance, Multiple Choice Test

December	Slo Mo Volleyball	Game Strategy, Cooperation with peers	Slo Mo Volleyball, Net, Standards	Serve, Set, Spike, Bump, Unlimited Number of Hits. Teamwork	State Goals 21.A.3b 21.B.3	
January	Floor Hockey Football	Game Strategy, Develop skills	Hockey Sticks, Goals, Puck, Footballs	Center, Dribble, Shoot, Pass, Block, Tackle, Offense, Defense, Snap, Patterns, Laterals, Hike, Touchdown, Interceptions	State Goals 21.A.3b 21.B.3	Observation of Performance
Feb	Basketball	Game Rules, Sports Skills, Game Strategy Teamwork, History	Basketballs, Goals	Dribbling Passing, Shooting, Free Throws, Lay ups, Pick, Screen, 3 seconds in the lane, inbound, offense, defense, zone, man to man, Box out, Rebound	State Goals 19.A.3 19.C.3a 19.C.3b 21.A.3a 21.A.3b 21.B.3	Observation of Performance
March	Scoter Hockey, Scooter Basketball, Physical Fitness, Relays,	Teamwork, Game rules, Develop a Fitness Plan	Scooters, Hockey Equipment, Miniature Basketball, Paper & Pencil.	Aerobic, Agility, Flexibility, Teamwork, Endurance, Core Muscles, Dribble, Pass, Shoot, Rebound, Puck, Score	19.A.3 19.C.3a 19.C.3b	Observation of Performance
April	President's Physical Fitness Test	Personal Performance	Blocks, Stopwatch, Mat, V-Seat Bar	Flexibility, Strength, Endurance, Agility	State Goal 19.A.3, 19.B.3	Observation of Performance
May	4 - Square, Wiffle Ball, Kitten Ball	Sports Skills, Game Strategy	Bat, Ball, Volleyball	Swing, Hit, Baserunning, Fielding, Infield Fly, Bunt, Throw, Force Out, Teamwork, Relay, Fielder's Choice	19.A.3 19.B.3 19.C.3a 19.C.3b 21.A.3b	Observation of Performance

